

BOULANGERIE

Croissant 🍞🍴 € 3

Croissant salato formaggio e prosciutto 🍞🍴 € 4,50
Croissant with cheese and ham

Croissant burro e marmellata 🍞🍴 € 4,50
Croissant with butter and marmelade

Croissant con crema 🍞🍴 € 4,50
Croissant with cream

Pancakes 2 pz. 🍳🍴 € 8
Pancakes with fruit and marple syrup

TOAST

Avocado toast 🍳🍴 € 10
Toasted brioche, with egg, avocado paste, tomatoes

Club sandwich 🍳🍴 € 12
Toasted bread with, chicken, tomato, salad, ham, mayo

Tostada 🍳 € 7,50
Toasted bread with greated tomato, garlic, basil, fresh evo oil, and ham

EGGS

Uova strapazzate 🍳 € 10
Toasted bread scrambled egg, tomatoes, french fries

Omelette prosciutto e formaggio 🍳 € 10
Omelette with cheese and ham

Tortilla con patate 🍳 € 10
Egg with confitted potatoes and onion

Uova fritte 🍳 € 10
Fried eggs, tomatoes, french fries



CAP' 'E FIERR

SUN - BEACH - BAR

SALADS

Ischitana 🍷 € 10

**Insalata mista, mozzarella, carote,
basilico, olive verdi, carota, pomodorini**

Mix salad, cherry tomatoes, mozzarella, basil, carrots, green olives

Costiera 🍷 € 10

**Insalata mista tonno, cipolla, olive nere
pomodorini, carota, menta, cetriolo**

Mix salad, cherry tomatoes, tuna, onions, carrots

Cesar 🍷🍷 € 15

**Lattuga romana, crostini di pane, pollo alla griglia,
prosciutto crudo croccante, scaglie di grana, salsa segreta**

Mix salad, chicken, marinated onion, cesar dressing, parmesan flakes

Citrica 🍷 € 10

**Insalata mista, arancia, pompelmo, olive, feta,
basilico, cetriolo e mandorle**

*Mix salad, oranges, grape fruit, olives, feta cheese,
basil, cucumber, and almonds*

Pesche 🍷 € 10

Pomodori, pesche, feta, basilico, mandorle, rucola e limone

*Salad of tomatoes, peaches, feta cheese,
basil, almonds, rucola and lemon*

BOWL

Bowl con yogurt frutta fresca e granola 🍷🍷 € 8

yogurt with fruit and crunchy cereals

Porridge con frutta fresca e granola 🍷🍷 € 11

Porridge with seasonal fruit and granola

🌾 **glutine** *gluten*
🦀 **crostacei** *crustacean*
🥚 **uova** *egg*
🐟 **pesce** *fish*

🥜 **arachidi** *peanuts*
🥛 **soia** *soy*
🥛 **latte** *milk*
🌰 **frutta a guscio** *nuts*

🌿 **sedano** *celery*
🥒 **senape** *mustard*
🌱 **semi di sesamo** *sesame seeds*
🧂 **solfiti** *sulphite*
🐌 **molluschi** *molluscs*



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